

Refresher course LiN – Lagerung in Neutralstellung (Positioning in Neutral)



Target group

Nurses, therapists, caregivers and people who are involved in caring or treating severely disabled patients in acute care, intensive care, during early rehabilitation, in nursing homes or at home.

Requirement

Proof of participation in a certified LiN basic course. Practical experience with positioning should have been gained after the basic course.

Learning objective

- Be familiar with and able to perform the following LiN positions under supervision: supine, 30°-sidelying, 90°-sidelying, sitting in bed and in the chair.
- Be able to assess individual body constitutions and tone dysregulations and to develop ideas for individual adaptation under supervision.
- Understand the challenges of implementing LiN in daily life and develop solutions.
- Experience LiN on one's own body.
- Recognise the need for practice in order to effectively perform LiN in daily clinical practice.

Course presentation

- Repetition of positions using the current worksheets.
- Photos can be taken while practicing the positions on each other.

Course leader

LiN trainer, assistants authorised by their mentors.

Duration of the course

Usually 8 – 10 teaching units (à 45 minutes).

Number of participants

A maximum of 12 participants.

Course confirmation

A confirmation proves the participation and the teaching units.

Course costs

The course organiser determines the course costs. The course organiser can be found on our website at <https://www.lin-arge.de/en/course-data>. With a click on “Details” in the respective line of the course on the far right you will find the contact details of the responsible person.