



Refresher course LiN – Lagerung in Neutralstellung (Positioning in Neutral)

Target group

Nurses, therapists, caregivers and physicians who are involved in caring or treating severely disabled patients in acute care, intensive care, during early rehabilitation, in nursing homes or at home.

Requirement

Basic course for LiN with a recognized LiN trainer. After the basic course practical experience with the bearing arrangement should have been gained

Teaching goals

- To be able to perform the positions of the basic course (supine, 30° side lying, 90° side lying, sitting in bed and in the chair according to LiN with patients who have low tone and no contractures)
- To be able to assess individual constitution, tonus condition and to develop ideas on how to adopt LiN
- To be able to select positions in a targeted manner.
- To work out proposals for solutions to problems of the implementation of LiN in everyday life.
- To experience LiN on one's own body.
- To recognize the need for practice to efficiently perform LiN in everyday life.

Course presentation

- Repetition of the positions using the current worksheets.
- During the practical work together photos can be taken

Course leader

Trainers for LiN, assistants authorised by their mentors



Number of participants

A maximum of 12 participants

Course certificate

A certificate proves the participation and the teaching units.

Course costs

Please ask the organizer. (<https://lin-arge.de/de/kursdaten> on the far right  [Details](#)  contact person who provides information on the respective course)